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Date	Post Type	Copy	Content
Thursday 1st September	Event Webinar Save the Date	<p>We have put together a series of webinars using Zoom with the purpose of introducing the Living Values Education core principles and providing inspiration to those who are new to LVE. We welcome folk from other parts of the world to join our webinars. Details at livingvalues.net/webinars or email uk@livingvalues.net.</p> <p>BOOKMARK: Diane Tillman Webinar 14 September “Helping Young Refugees Integrate Into School” 14th Sept 6-7pm (BST) Zoom meeting ID 922 2863 5131 Password: serenity Can’t wait? You can watch previous webinars by searching for LVEBI on vimeo.com.</p>	
Friday 2nd September	Value #1 - Peace Reminder <i>LVE is feeling happy</i>	<p>How has your week been? Your thoughts determine your mood. Thinking peaceful thoughts brings a calming feel to everything and transforms the outlook and interactions. Relationships improve and become harmonious. How do you keep your peace? Want to find out more? Visit livingvalues.net/values/</p>	
Saturday 3rd September	Teaser	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW... Stay tuned!</p> <p>As part of this 12 week course, we present a new Living Value each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/. #LivingValuesEducation #LVE</p> <p>Does becoming a Living Values accredited facilitator interest you? It starts right here with the Value for the week – email: distance@livingvalues.net</p>	
Sunday 4th September	NEW Value #2 - Love Interactive	<p>Your Value to Live in for this Week is LOVE (<i>insert love heart emojis</i>) Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> 1. Drop into a reflective space. 2. Think about the value of LOVE for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. <p>livingvalues.net/love</p>	

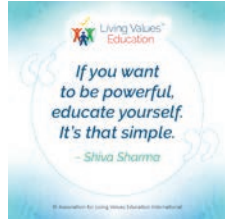

Monday 5th September	Value #2 - Love Self-reflection	<i>(insert heart emojis)</i> Love, peace and joy are interconnected. When we express love in the form of care, we feel contented. When we forgive, we experience peace. Consider this: The love, acceptance and forgiveness you give to others will return back to you in the form of peace, joy and freedom. #LivingValuesEducation #LVE #love #unconditionallove Join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Visit livingvalues.net/distance-self-reflection/ for more info.	
Tuesday 6th September		"Giving Is Receiving" We live in a time of 'take, take, take'. Something for nothing; buy one get one free. The truth of the matter is that simply by giving I will receive all that I need. Giving is receiving. Today let me find a way to 'give' unconditionally and with love. Give a smile; give a word of appreciation; give a thought of good wishes; give your co-operation for a task. Make today a day of giving and tomorrow you will receive the fruits.	
Wednesday 7th September	Did you know	The primary purpose of the online familiarisation is to acquaint new country representatives, and to encourage them to demonstrate a full understanding of ALIVE and LVE with confidence, and in the best way possible. Interested in joining us? Contact us via email at: distance@livingvalues.net	
Thursday 8th September	Product LVE Study Groups	Thinking of starting a Living Values Study Group? We'll show you how to build a Values-based Community Spirit. Share the fun of exploring values each week with a small group of people. All materials provided are FREE. Simply contact distance@livingvalues.net	
Friday 9th September	Value #2 - Love Reminder <i>LVE is feeling curious</i>	How is the level of LOVE in your life? You have to live with yourself so you have to be loving and patient with yourself. The greatest happiness is being content with oneself. So, each day silently and lovingly talk with yourself, acknowledge and accept yourself and see how everything in life works for you. Want to find out more? Visit livingvalues.net/love/	

Saturday 10th September	Teaser	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW...</p> <p>Values are the essence of who we are as human beings. They powerfully impact what we create in our lives and the world. Living the values of peace, love, respect, honesty, kindness and compassion makes us happy — and creates a world of peace and respect for our children. What young people learn is later woven into the fabric of society. When education has positive values at its heart, and the resulting expression of them as its aim, we will create a better world for all.</p> <p>Join at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/ #LivingValuesEducation #LVE #values</p>	
Sunday 11th September	NEW Value #3 - Respect Interactive	<p>Your Value to Live in for this Week is RESPECT.</p> <p>Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> 1. Drop into a reflective space. 2. Think about the value of RESPECT for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. <p>livingvalues.net/respect</p>	
Monday 12th September	Value #3 - Respect Self-reflection	<p>RESPECT. Have you ever put much consideration into where our self-respect comes from? Is it from our achievements, our sense of wellbeing, our comfort, the new acquisition, or could it be something much deeper, a knowing of our connectedness – to God, to each other, to the environment, to nature. Clearly nobody is going to give us this, we have to find it in ourselves. Maybe self respect keeps us safe, we feel loved, valued, understood – all those things every human needs. In this week of reflection, what do you feel about this?</p> <p>If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit livingvalues.net/distance-self-reflection/ for more info.</p> <p>#respect #LivingValuesEducation #LVE #values</p>	
Tuesday 13th September	Product Living Values Distance Facilitator Course	<p>What's special about the Living Values Distance Facilitator Course? Well, quite a lot actually... Firstly, it's FREE! And there is no commitment to finishing either, that's all my choice. Yes, and I can try the first level without any pressure. Of course, there are major benefits at every level, for a start, getting to know the truth about myself, how I think and feel and think, how that motivates my every response and action. This alone is worth gold.</p>	

<p>Wednesday 14th September</p>	<p>Event Webinar Info</p>	<p>JOIN US FOR TODAYS WEBINAR! <i>(Insert emojis)</i> 6pm - 7pm BST (UK timezone) Zoom Details: Meeting ID: 922 2863 5131 Password: serenity See more details at: livingvalues.net/news-bytes Dine G Tillman is the co-creator of Living Values Education and the primary author of LVE series of books. Diane will share simple, heart-centred methods to help young refugees and their classmates move towards acceptance, healing and friendship. Organised by Living Values Education - British Isles. We welcome folk from other parts of the world to join our webinars. Need more info? Go to livingvalues.net/webinars or email uk@livingvalues.net.</p>	
<p>Thursday 15th September</p>	<p>Product Guides</p>	<p>Looking for new employment? Or a business owner, looking for the right employee? As a guide of where and what to look for in a business where you might be seeking employment and for owners and managers in business, we encourage you to review our Living Values In Business booklet. The Living Values Rainbow booklet, Living Values in Business with it's focus on Happiness through creating a Values-based Atmosphere provides guidance for those seeking employment and also a new perspective for business managers looking for employees with the right attitude. This booklet also offers an insight to school leavers seeking their first employment to help better prepare students, the prospective new employees, to have a better understanding of what type of business they should be seeking employment with and where their contribution might be best appreciated and rewarded. Visit our websites library today for your FREE downloads livingvalues.net/rainbow-booklets#business</p>	
<p>Friday 16th September</p>	<p>Value #3 - Respect Reminder</p>	<p>Respect is knowing I am unique and valuable. Respect is knowing I am lovable and capable. Respect is listening to others. Respect is knowing others are valuable, too. Want to find out more? Visit livingvalues.net/respect/</p>	
<p>Saturday 17th September</p>	<p>Teaser</p>	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW. Our 12 values are a defining feature of our identity as human beings and, in guiding our choices and priorities, they set the compass for the trajectory of our life, drive human, social and economic development and the transition to a better world for all. This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/. #LivingValuesEducation #LVE</p>	

<p>Sunday 18th September</p>	<p>NEW Value #4 - Tolerance Interactive</p>	<p>Your Value to Live in for this Week is TOLERANCE. Living Values Self Reflection – So simple, so revealing... 1. Drop into a reflective space. 2. Think about the value of TOLERANCE for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. livingvalues.net/tolerance</p>	
<p>Monday 19th September</p>	<p>Value # 4 - Tolerance Self-reflection</p>	<p>TOLERANCE. Exploring each of the 12 Values on the Living Values Reflections site allowed me to understand my own perceptions which were not a conscious consideration previously. And just like any other exercise, you notice the mind becoming more flexible and healthier for having worked it. I love physical exercise because I love feeling strong and capable and now I feel strength and intimate awareness of my values which are reflected in my every word, thought and action... I know I can consciously choose how I relate to the world and I can commit to giving the best of me to everyone that I meet. Visit the website for yourself at livingvalues.net/distance-self-reflection/ for more information on this 12 week personal introspection of your life. #tolerance #LivingValuesEducation #LVE #values</p>	
<p>Tuesday 20th September</p>	<p>Product Resources - Facebook pages</p>	<p><i>Did you know?.... (Insert country flag emojis)</i> Twelve countries are now represented on Facebook providing us the opportunity to feature new projects and resources that various countries are offering including, Zoom meetings, webinars, news and new resources available. There is also the opportunity for viewers to join the LVE Self Reflection, a weekly Values personal self-development game. Simply search for your country's Facebook page, like and follow. <i>(Insert thumbs up emoji)</i></p>	
<p>Wednesday 21st September</p>	<p>Event International Day of Peace</p>	<p>Today is the International Day of Peace <i>(Insert dove emoji)</i> This years theme is "End racism. Build peace." We invite you to join the efforts of the United Nations as they work towards a world free of racism and racial discrimination. A world where compassion and empathy overcome suspicion and hatred. A world that we can truly be proud of. Making peace with one person today, even if it is just with yourself, is a fitting way to mark the day. #peace #InternationalDayofPeace #LivingValuesEducation #LVE #values</p>	
<p>Thursday 22nd September</p>	<p>Product LVE eBrochure</p>	<p>Want to find out more about The Association for Living Values Education International? Download our eBrochure at livingvalues.net/resources/ for an overview, plus an introduction to our development courses, workshops, online offerings and resource materials. #LivingValuesEducation #LVE #values Does becoming a Living Values accredited facilitator interest you? It starts right here with understanding the international nature of Living Values and a desire to be of service – email: distance@livingvalues.net</p>	

Friday 23rd September	Value #4 - Tolerance Reminder	How has your week been? Have you shown TOLERANCE this week? Consider the level of Tolerance in your life. If it needs attention, what will you do about it? #tolerance #LivingValuesEducation #LVE Want to find out more? Visit livingvalues.net/about-us	
Saturday 24th September	Teaser <i>LVE is feeling blessed</i>	OUR VALUE FOR THIS WEEK STARTS TOMORROW. It has been determined that there are fundamental values widely shared by all Humanity. Certainly not limited but for the purpose of our discovery these primary values form the core to lead us ever deeper into to determining our behaviour, relationship and our interaction at all levels of life. To find out more, join the 12 week course at anytime or download the full self reflection booklet from livingvalues.net/distance-self-reflection/ . #LivingValuesEducation #LVE	
Sunday 25th September	NEW Value #5 - Responsibility Self-reflection worksheet <i>LVE is feeling curious</i>	Your Value to Live in for this Week is RESPONSIBILITY. Living Values Self Reflection – So simple, so revealing... 1. Drop into a reflective space. 2. Think about the value of RESPONSIBILITY for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. livingvalues.net/responsibility	
Monday 26th September	Value #5 - Responsibility	RESPONSIBILITY... "At some point in my life, I must recognise that I am not a victim of my circumstance, that I am responsible for my circumstance and only I can be the one to change that." Will you change? Take this week to consider how responsible you are? If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit livingvalues.net/distance-self-reflection/ for more info. #responsibility #love #values #LivingValuesEducation #LVE	

Tuesday 27th September	Product Distance Facilitators Course	<p>What's special about the Living Values Distance Facilitator Course? Well, quite a lot actually... beginning with – it's FREE! And there is no commitment to finishing either, that's all my choice, yes, and I can try the first level without any pressure. Of course, there are major benefits at every level, for a start, getting to know the truth about myself, how I think and feel and think, how that motivates my every response and action.</p> <p>This alone is worth gold. Not to mention discovering why there are always consequences to my actions, and then the 'awful' realisation that my life truly is my responsibility and no one is to blame.</p> <p>Once I have this firmly in my grasp I can see how valuable and vital this is to share and yes, I probably would like to continue, learn the Living Values Approach and delivery skills and have the confidence and accreditation to be able to help others around me.</p> <p>Now where is that email address? distance@livingvalues.net</p>	
Wednesday 28th September	Product ALIVE Associates & Focal Points	<p>If you are one of the Association for Living Values Education International Associates or Focal Points around the world and like this page and if you would like to have these messages appear on your own country Facebook page email me at distance@livingvalues.net and we will organise it for you. It's all about expanding the reach of Values Awareness.</p>	
Thursday 29th September	Event World Heart Day	<p>Lets love a little more... World Heart Day (29 September) is an opportunity for everyone to stop and consider how best to use your <i>(insert heart emoji)</i> for humanity, for nature, and for you.</p> <p>Psychological stress can double the risk of having a heart attack. However, exercise, mediation, and quality sleep can help lower stress levels and maximise individual heart health.</p> <p>#UseHeart</p>	
Friday 30th September	Value #5 - Responsibility Reminder	<p>How Responsible are you? Do you take Responsibility for things you may do wrong or do you try and blame someone else. Being Responsible for your actions is very important. It's the right thing to do.</p> <p>Want to find out more? Visit livingvalues.net/about-us/</p>	