


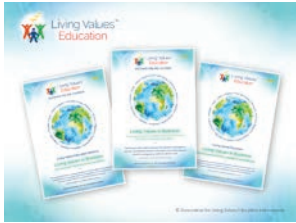









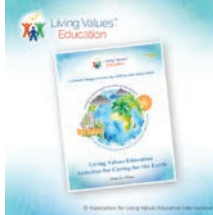
LVE FACEBOOK SOCIAL MEDIA PLAN (x15 countries)

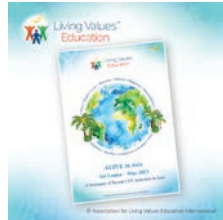






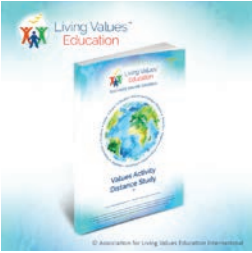
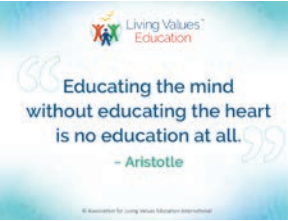


Date	Post Type	Copy	Content
MAY 2023			
Monday 1st May	Value #11 - Freedom <i>LVE is feeling free</i>	<p>FREEDOM. People want the freedom to live a life of purpose, to select freely a lifestyle in which they and their children can grow healthily and can flourish through the work of their hands, head and hearts.</p> <p>If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit livingvalues.net/distance-self-reflection/ for more info.</p> <p>#freedom #peaceful #values #LivingValuesEducation #LVE</p>	
Tuesday 2nd May	Product Parenting Guide	<p>Living Values Education is about treating people in such a way that they feel loved, valued, respected, understood and safe, to grow toward their potential. This is particularly so for the way we treat children it sets the environment for their whole lives. The LVE Parenting Guide shares suggestions and activities to help parents help children, from toddlers to teens, use values to handle their challenges as well as to deal with the concerns of bullying and social media.</p> <p>See here for more information: livingvalues.net/lve-parenting-guide/</p> <p>#LivingValuesEducation #LVE #values.</p>	
Wednesday 3rd May	Event Webinar - Save the Date	<p>This months webinar is 'Ethical Sense and Moral Sensibility – doing the right thing for good reasons' with Speaker David Rowse. Join us on May 10th for this informative event. For more information you can visit livingvalues.net/current-news/may-2023-lve-webinar-ethical-sense-and-moral-sensibility</p> <p>If you would like to stay up-to-date with upcoming events, simply subscribe to our website at livingvalues.net</p>	
Thursday 4th May	Website Country Reports	<p>🇮🇳 India has just released their Country Report for the first quarter of 2023. Want to find out how they are using Living Values Education in their country? You can read their latest report here at: https://livingvalues.net/india</p>	
Friday 5th May	Value #11 - Freedom Reminder <i>LVE is feeling loved</i>	<p>Do you feel free? This might include freedom from mind-noise, my own criticism and confusion. It might include the joy of gratitude. Pause before you answer to feel the truth. Please visit livingvalues.net/freedom for more info.</p> <p>#freedom #peace #values #LivingValuesEducation #LVE</p>	




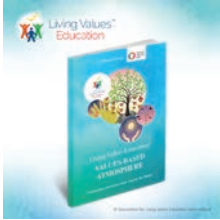
Saturday 6th May	Teaser	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW.</p> <p>No matter what role we are currently playing, whether it be child, parent, business person, employee, teacher, government official, retiree, whatever age, gender, nationality, spiritual belief, we all have one thing in common; a human requirement to meet our basic needs – to be Safe, Respected, Understood, Loved, Valued. Are these qualities fully present in your life now?</p> <p>This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/. #LivingValuesEducation #LVE</p>	
Sunday 7th May	Value #12 - Unity Self-reflection worksheet	<p>Your Value to Live in for this Week is UNITY.</p> <p>Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> 1. Drop into a reflective space. 2. Think about the value of UNITY for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. <p>livingvalues.net/unity</p>	
Monday 8th May	Value #12 - Unity Self-reflection <i>LVE is feeling connected</i>	<p>UNITY... Ask yourself, do I experience the value of unity in my life? Am I feeling whole, connected to life around me, as opposed to feeling separation and isolation? #unity #together #values</p> <p>If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit livingvalues.net/distance-self-reflection/ for more info.</p>	
Tuesday 9th May	Product Living Values in Business	<p>Looking for new employment? Or a business, looking for the right employee? As a guide of where and what to look for in a business, we encourage you to review our 'Living Values In Business' book set.</p> <p>The Living Values Rainbow booklet, focuses on Happiness through creating a Values-based Atmosphere provides guidance for those seeking employment and also a new perspective for business managers looking for employees with the right attitude. This booklet also offers an insight to school leavers seeking their first employment to help better prepare students, the prospective new employees, to have a better understanding of what type of business they should be seeking employment with and where their contribution might be best appreciated and rewarded.</p> <p>Get your FREE download at livingvalues.net/rainbow-booklets#business</p>	

<p>Wednesday 10th May</p>	<p>Event Webinar Info <i>LVE is feeling excited</i></p>	<p>JOIN US FOR TODAY'S WEBINAR! 📺</p> <p>'Ethical Sense and Moral Sensibility – doing the right thing for good reasons' with Speaker David Rowse</p> <p>6pm - 7pm GMT (UK timezone)</p> <p>Zoom Details: Meeting ID: 922 2863 5131 Password: serenity</p> <p>See more details at: livingvalues.net/news-bytes/may-webinar</p> <p>Organised by Living Values Education - British Isles. We welcome folk from other parts of the world to join our webinars. Need more info? Go to livingvalues.net/webinars or email uk@livingvalues.net.</p>	
<p>Thursday 11th May</p>	<p>Did you know LVE Study Groups</p>	<p>The very best of life can be found in a group of warm-hearted friends in a regular structured gathering exploring our values – hence the reason for Living Values Education Study Groups. You can start your study group with this free download explaining what to do and how to run your own group... livingvalues.net/distance-groups</p>	
<p>Friday 12th May</p>	<p>Value #12 - Unity Reminder</p>	<p>How has your week been? How UNIFIED were you with others? Did you see yourself as part of a group or community, building unity with others and working towards a shared beneficial goal? Want to find out more? Visit livingvalues.net/about-us/</p> <p>#unity #together #values #LivingValuesEducation #LVE</p>	
<p>Saturday 13th May</p>	<p>Teaser</p>	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW.</p> <p>Values affect our lives every moment. They are a guiding force in all we do and pursue. When our values are in congruence with our actions, we are in harmony. But what are values? And how did we develop them?</p> <p>This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/</p> <p>#LivingValuesEducation #LVE</p>	

<p>Sunday 14th May</p>	<p>Value #1 - Peace Self-reflection worksheet <i>LVE is feeling peaceful</i></p>	<p>Your Value to Live in for this Week is PEACE (<i>insert dove emoji</i>) Living Values Self Reflection – So simple, so revealing... 1. Drop into a reflective space. 2. Think about the value of PEACE for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. livingvalues.net/peace</p>	
<p>Monday 15th May</p>	<p>Value #1 - Peace Self-reflection <i>LVE is feeling peaceful</i></p>	<p>PEACE is a state of being which creates a high vibrational space around it where everyone feels safe and secure. This is because when we are in our true nature of peace, we cannot harm others, not even at thought level 🕊️🕊️🕊️🕊️ If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit livingvalues.net/distance-self-reflection/ for more info. #values #peace #LivingValuesEducation</p>	
<p>Tuesday 16th May</p>	<p>International Day of Living Together in Peace <i>LVE is feeling peaceful</i></p>	<p>16th May is International Day of Living Together in Peace (<i>insert dove emoji</i>) Living together in peace is all about accepting differences and having the ability to listen to, recognize, respect and appreciate others, as well as living in a peaceful and united way. Imagine what the world would be like if everyone was caring and there was no hate or fear. #peace #harmony</p>	
<p>Wednesday 17th May</p>	<p>Product Climate Change Book</p>	<p>“LVE Book Climate Change – Caring for the Earth and her Oceans” Embracing Values in our lives impacts directly on how we live on the planet. Rather than focusing on saving ourselves from the on-going damage of Climate Change – we could join together – a world community with a goal to change the way we live and start to give our world the opportunity to heal. Visit livingvalues.net/environment/ for more information. #ClimateChange #LivingValuesEducation #LVE</p>	

<p>Thursday 18th May</p>	<p>News Item Regional Asia Gathering Conference <i>LVE is feeling excited</i></p>	<p>STARTS TODAY! Sri Lanka plays host in celebration of the launch of Living Values Education in their country. Sri Lanka will host 11 Asia country LVE representatives for a regional council of shared activities, including two LVE Train the Trainer 3-day workshops for Sri Lanka school educators and University Values Trainers.</p> <p>This the first international ALIVE (Association for Living Values Education International) Regional event since the start of Covid in 2020. To bring attention to the Living Values activities in the Asia region, and to welcome Sri Lanka into the LVE Family, a small booklet has been brought together by main regional participants in the expansion of Values Awareness in their country...</p> <p>To view the exciting accomplishments underway, download your FREE copy of the 'ALIVE in Asia Regional Gathering 2023' booklet at https://livingvalues.net/download/#asiagathering</p>	
<p>Friday 19th May</p>	<p>Value #1 - Peace Reminder</p>	<p>How was your week this week? Ask yourself: Can I stay in my peace and try to resolve issues in a positive and genuine way when there are differences?</p> <p>#values #peace #LivingValuesEducation</p>	
<p>Saturday 20th May</p>	<p>Teaser</p>	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW.</p> <p>Our 12 values are a defining feature of our identity as human beings and, in guiding our choices and priorities, they set the compass for the trajectory of our life, drive human, social and economic development and the transition to a better world for all.</p> <p>This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/. #LivingValuesEducation #LVE</p>	
<p>Sunday 21st May</p>	<p>Value #2 - Respect Self-reflection worksheet</p>	<p>Your Value to Live in for this Week is RESPECT.</p> <p>Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> 1. Drop into a reflective space. 2. Think about the value of RESPECT for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. <p>livingvalues.net/respect</p>	

<p>Monday 22nd May</p>	<p>Value #2 - Respect Self-reflection <i>LVE is feeling curious</i></p>	<p>Contemplate the level of RESPECT in your life. Do you honour the worth of all people – strangers, family, friends and yourself? #respect #LivingValuesEducation #LVE Want to find out more? Visit livingvalues.net/about-us/</p>	
<p>Tuesday 23rd May</p>	<p>Product Distance Facilitator Course</p>	<p>What's special about the Living Values Distance Facilitator Course? Well, quite a lot actually...beginning with - it's FREE, and there is no commitment to finishing either, that's all my choice, Yes, and I can try the first level without any pressure. Of course, there are major benefits at every level, for a start, getting to know the truth about myself, how I think and feel and think, how that motivates my every response and action. This alone is worth gold. Find out more at: livingvalues.net/distance-facilitator/ #LivingValuesEducation #LVE</p>	
<p>Wednesday 24th May</p>	<p>Product Overview for Principals and Teachers to introduce LVE into schools</p>	<p>Are you thinking of introducing the Living Values Education experience in your school? We are here to help you. If bringing a greater focus on values in your school is important to you and the faculty of your school, please let us know. We can provide you with all the information and materials you need. Our Resources section has free materials available for download. We have Trainers and Facilitators in many countries to provide training for teachers and assist in the delivery of fun and interesting values activities to young people of all ages. See here how to make Values Education a practical reality in your school: livingvalues.net/making-lve-a-reality #LivingValuesEducation #LVE #values</p>	
<p>Thursday 25th May</p>	<p>Product Languages - Spanish</p>	<p>Living Values Education Latin América (Valores para Vivir Educación América Latina) LVE presence in South America is increasing dramatically with some 9 countries supporting the DFT Course. As a result, we are Introducing our new range of LVE Spanish resources. The LVE Self-Reflection book and the LVE Values Activities book are the primary components of the Spanish DFT Course Level One. You can download our Spanish material at livingvalues.net/resources-in-other-languages</p>	
<p>Friday 26th May</p>	<p>Value #2 - Respect Reminder</p>	<p>Never underestimate your light ☺ It may be your light that leads others out of darkness. #LivingValuesEducation #LVE #values #bethelight</p>	

Saturday 27th May	Teaser	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW.</p> <p>Our 12 values are a defining feature of our identity as human beings and, in guiding our choices and priorities, they set the compass for the trajectory of our life, drive human, social and economic development and the transition to a better world for all.</p> <p>This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/. #LivingValuesEducation #LVE</p>	
Sunday 28th May	Value #3 - Love Self-reflection worksheet <i>LVE is feeling loved</i>	<p>Your Value to Live in for this Week is LOVE <i>(insert love heart emojis)</i></p> <p>Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> 1. Drop into a reflective space. 2. Think about the value of LOVE for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. <p>livingvalues.net/love</p>	
Monday 29th May	Value #3 - Love Self-reflection	<p>We can only learn to love by loving. LOVE is seeing the good in everyone, and wanting good things for them. Can you love more?</p> <p>#love #values #unconditionallove #LivingValuesEducation</p> <p>If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit: livingvalues.net/distance-self-reflection/ for more info.</p>	
Tuesday 30th May	Product Values-based Atmosphere Book	<p>Are you involved with education? Would you like to encourage Values in your child's school? Are you seeking to improve your own life? Then this is the book – dedicated solely to LVE's approach to a Values-based Atmosphere – is a must read for you!</p> <p>** Download your free copy at: livingvalues.net/about-lve/</p> <p>It offers different perspectives from different teachers, trainers, practitioners and parents as they share their thoughts and experiences with LVE.</p>	
Wednesday 31st May	Product LVE Audio-Guided Meditations <i>LVE is feeling calm</i>	<p>Simply visit livingvalues.net/download#distance to get your FREE "Living Values Education Audio-Guided Meditations" (just scroll to the bottom of the page). This audio set includes:</p> <ol style="list-style-type: none"> 1. Introduction - Are We Living Our Values 2. Peace Relaxation Exercise 3. Love Imagining Exercise 4. Humility Exercise 5. Happiness - Talking to Myself 6. Simplicity - Messages From the Media 	