
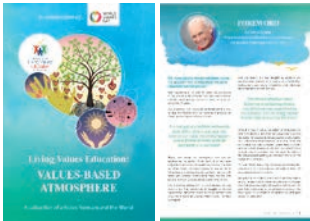












LVE FACEBOOK SOCIAL MEDIA PLAN (x14 countries)











Date	Post Type	Copy	Content
JUNE 2023			
Thursday 1st June	News Item Regional Asia Gathering Conference <i>LVE is feeling proud</i>	<p>On May 18th-21st, Sri Lanka celebrated of the launch of Living Values Education in their country by holding two 3-day workshops for school educators and University Values Trainers.</p> <p>To bring attention to the Living Values activities in the Asia region, and to welcome Sri Lanka into the LVE Family, a small booklet has been created by main regional participants in the expansion of Values Awareness in their country...</p> <p>To view the exciting accomplishments underway in Asia, download your FREE copy of the 'ALIVE in Asia Regional Gathering 2023' booklet at https://livingvalues.net/download/#asiagathering</p>	
Friday 2nd June	Value #3 - Love Reminder <i>LVE is feeling loved</i>	<p>Having a beautiful soul doesn't mean you are pure and faultless. It means being able to consistently come back with a heart of Love and Compassion despite your imperfections as a human being. You are perfectly imperfect. YOU ARE LOVE.</p> <p>Want to find out more? Visit livingvalues.net/respect</p>	
Saturday 3rd June	Teaser	<p>No matter what role we are currently playing, whether it be child, parent, business person, employee, teacher, government official, retiree, whatever age, gender, nationality, spiritual belief, we all have one thing in common; a human requirement to meet our basic needs – to be Safe, Respected, Understood, Loved, Valued. Are these qualities fully present in your life now?</p> <p>Join our 12 week course with a new Living Value presented each week. The first Value starts tomorrow... It may hold the answers you've been searching for!</p> <p>#LivingValuesEducation #LVE</p>	
Sunday 4th June	Value #4 - Tolerance Self-reflection worksheet	<p>Your Value to Live in for this Week is TOLERANCE.</p> <p>Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> 1. Drop into a reflective space. 2. Think about the value of TOLERANCE for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. <p>livingvalues.net/tolerance</p>	



Monday 5th June	Value #4 - Tolerance Self-reflection	<p>What is the level of TOLERANCE in your life? Discover the truth of 'Who You Are'...</p> <p>If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflections, there's a new value each week.</p> <p>Please visit livingvalues.net/distance-self-reflection/ for more info.</p> <p>#tolerance #LivingValuesEducation #LVE #values</p>	 <p>Tolerance</p> <p>The seed of tolerance and love, is watered by compassion and care.</p>
Tuesday 6th June	Product Free download overview	<p>As we are continuously adding more resource material, support information, books, values promotional material, etc., to the website it seems appropriate to show a summary of the current Living Values aspects available for FREE Download.</p> <p>You can now download a copy of the overview at: livingvalues.net/resources/</p> <p>Please feel welcome to use all the aspects presented to encourage the expansion of Values Awareness and the building of a values-based atmosphere in your work, school and home environment. Please share with friends and colleagues.</p>	
Wednesday 7th June	Product Values-based Atmosphere Book	<p>Remembering who we are reconnects us to our innate qualities, nurturing the seed of our values with loving acceptance of the reality of who we are. This remembrance and connection naturally creates the Values-based Atmosphere within us and around us.</p> <p>Download free the LVE Values-based Atmosphere book and read what others have discovered: livingvalues.net/about-lve/</p>	
Thursday 8th June	Product LVE Guides	<p>Fields of Opportunity exist in every aspect of humanity – with the homeless, street children, refugees, prison inmates, at risk youth, unseen village schools in so many countries.</p> <p>Getting Living Values materials in the hands of rural school teachers, orphanages, and parents with children in displaced persons camps, incarcerated rights activists and aid workers in natural disaster areas – often just a few booklets circulating, offering playful activities can bring light and joy into the world of pain and suffering.</p> <p>If this is something of interest to you, contact us at livingvalues.net/contact/</p>	 <p>A LITTLE PROGRESS EACH DAY adds up to BIG RESULTS!</p> <p>Living Values Education</p>
Friday 9th June	Value #4 - Tolerance Reminder	<p>TOLERANCE provides the opportunity to discover and remove stereotypes and stigmas associated with people perceived to be different because of nationality, religion or heritage. How tolerant have you been this week?</p> <p>Want to find out more? Visit livingvalues.net/tolerance</p>	 <p>Peace is the goal, tolerance is the method. Be open and receptive to the beauty of difference.</p> <p>Living Values Education</p>

<p>Saturday 10th June</p>	<p>Teaser</p>	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW.</p> <p>Our 12 values are a defining feature of our identity as human beings and, in guiding our choices and priorities, they set the compass for the trajectory of our life, drive human, social and economic development and the transition to a better world for all.</p> <p>This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/. #LivingValuesEducation #LVE</p>	
<p>Sunday 11th June</p>	<p>Value #5 - Honesty Self-reflection worksheet</p>	<p>Your Value to Live in for this Week is HONESTY.</p> <p>Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> 1. Drop into a reflective space. 2. Think about the value of HONESTY for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. <p>livingvalues.net/honesty</p>	
<p>Monday 12th June</p>	<p>Value #5 - Honesty Self-reflection</p>	<p>HONESTY means there are no contradictions or discrepancies in thoughts, words or actions. How honest have you been this week?</p> <p>If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit livingvalues.net/distance-self-reflection/ for more info.</p> <p>#honesty #truth #values #LivingValuesEducation #LVE</p>	
<p>Tuesday 13th June</p>	<p>Product Materials for Schools</p>	<p>Hey Teachers! Looking for something for your classroom, something different and heart warming?... The choices of young people are critically important, not only for their own happiness and well-being at this vulnerable time in their lives, but also for their future. Download the overview of our material and choose what you feel would make the changes you would enjoy. Simply visit https://livingvalues.net/materials-for-schools/</p>	

Wednesday 14th June	Product Website	Through our network of member organisations, supporting individuals, and our website, Living Values Education makes professional development courses, workshops, and extensive online resources and materials available to anyone around the world. #values #LivingValuesEducation #LVE Visit anytime at www.livingvalues.net	
Thursday 15th June			
Friday 16th June	Value #5 - Honesty Reminder	There are many layers to contemplate with this statement. Your Value to Live in for this Week was HONESTY, so here's a question for you to consider: Was I willing to be honest even though I may be adversely affected by the outcome? Want to find out more? Visit livingvalues.net/about-us/	
Saturday 17th June	Teaser	Join our 12 week course with a new Living Value presented each week. The first Value starts tomorrow... It may hold the answers you've been searching for! Download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/ #LivingValuesEducation #LVE	
Sunday 18th June	Value #6 - Humility Self-reflection worksheet <i>LVE is feeling thoughtful</i>	Your Value to Live in for this Week is HUMILITY. Living Values Self Reflection – So simple, so revealing... 1. Drop into a reflective space. 2. Think about the value of HUMILITY for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. livingvalues.net/humility	

Monday 19th June	Value #6 - Humility	<p>HUMILITY. Use your voice for kindness, your ears for compassion, your hands for charity, your mind for truth, and your heart for love.</p> <p>If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit livingvalues.net/distance-self-reflection/ for more info.</p> <p>#humility #acceptance #values #LivingValuesEducation #LVE</p>	
Tuesday 20th June	Product Values Posters	<p>Living Values Education posters are Reflection Points for each value. They are offered to assist and remind students and others seeking values awareness the various qualities of each value. They can be printed as an A4 page and used as displayed in the classroom.</p> <p>Download your FREE copies at livingvalues.net/posters</p> <p>#LivingValuesEducation #LVE #values</p>	
Wednesday 21st June	News Item Making Friendships <i>LVE is feeling connected</i>	<p>We are seeking to bring together our organisation with other like minded and values based not-for-profit organisations to join for the purpose of delivering the benefits from a close relationship with our values at all levels of society in the world.</p> <p>If you are involved with another foundation and would like to discuss this please contact us at livingvalues.net/contact/</p>	
Thursday 22nd June	Interactive Quiz	<p>HOW SELF-AWARE ARE YOU?</p> <p>Try for yourself, and perhaps together with family members, this simple 15-minute 'Living Values Awareness' quiz to see the important role values play in all our lives.</p> <p>The 'Wheel of Life' can show you where and how your ride is through life, whether smooth or bumpy, and most importantly, highlights where corrections can be made.</p> <p>You can download your copy today at livingvalues.net/news-bytes/take-the-living-values-15min-quiz</p>	
Friday 23rd June	Value #6 - Humility Reminder	<p>The willingness to forgive is a sign of spiritual and emotional maturity. It is one of the great virtues to which we all should aspire. Imagine a world filled with individuals willing both to apologize and to accept an apology. Is there any problem that could not be solved among people who possessed the #humility and largeness of spirit and soul to do either — or both — when needed?</p> <p>~ Gordon B. Hinckley</p>	

Saturday 24th June	Teaser	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW.</p> <p>Our 12 values are a defining feature of our identity as human beings and, in guiding our choices and priorities, they set the compass for the trajectory of our life, drive human, social and economic development and the transition to a better world for all.</p> <p>This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/. #LivingValuesEducation #LVE</p>	
Sunday 25th June	Value #7 - Cooperation Self-reflection worksheet	<p>Your Value to Live in for this Week is COOPERATION.</p> <p>Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> 1. Drop into a reflective space. 2. Think about the value of COOPERATION for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. <p>livingvalues.net/cooperation</p>	
Monday 26th June	Value #7 - Cooperation Self-reflection	<p>When cooperating, there is a need to know what is needed. Sometimes an idea is needed, sometimes we need to let go of our idea. Sometimes we need to lead and sometimes we need to follow.</p> <p>If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit: livingvalues.net/distance-self-reflection/ for more info.</p> <p>#cooperation #values #LVE #LivingValuesEducation</p>	
Tuesday 27th June	Promo You Tube Channel	<p>📺 Titled “When You Feel Loved,” this song was brought forward from the reflections of Petrus Briyanto Adi, a musician and educator from Indonesia. He shares: “My song is inspired by the LVE premise that when we treat others in such a way that they feel loved, valued, respected, understood, and safe, they move toward their potential.”</p> <p>You can view Petrus’ song on our Living Values Education YouTube channel.</p>	
Wednesday 28th June	Quote <i>LVE is feeling positive</i>	<p>“Keep your thoughts positive, because your thoughts become your words. Keep your words positive, because your words become your behaviour. Keep your behaviour positive, because your behaviour becomes your habits. Keep your behaviour habits, because your habits become your values. Keep your values positive, because your values become your destiny.”</p> <p>~ Mahatma Gandhi</p>	

<p>Thursday 29th June</p>	<p>Product <i>LVE is feeling excited</i></p>	<p>Living Values Education Values Bookmarks are now available for FREE download at livingvalues.net/resources-bookmarks/</p> <p>Print them out, cut them apart, decorate and use the bookmarks during story time or for your own reading.</p> <p>They can also be used as Focus points in workshops, display for reflection, daily questions to ask ourselves, a gift set or enlarge them for posters for home or in the classroom.</p> <p>#LivingValuesEducation #LVE #values</p>	
<p>Friday 30th June</p>	<p>Value #7 - Cooperation Reminder</p>	<p>Courage, consideration, caring and sharing provide a foundation for cooperation. How Cooperative have you been this week?</p> <p>Want to find out more? Visit livingvalues.net/cooperation</p>	
<p>END 12 WEEK CYCLE</p>			